



INTRODUCTION

Message From Our Team

As we welcome the summer season, we would like to take this opportunity to thank everyone for their continued support, kindness, and involvement in our care home community.

The longer days and warmer weather bring many opportunities for us to enjoy time outdoors, take part in seasonal activities, and create special memories together. Our team has planned a variety of events and experiences over the coming months, all designed to promote wellbeing, social connection, and fun for our residents.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Sign Up Link](#)

Best wishes,

**Ruth Stacey-Kerr (Support Manager)
& The Guthrie House Care Home Team**

SUMMER PLANS



SUMMER FETE

SATURDAY JULY 18 | FUN STARTS AT 2:00 PM | ALL WELCOME TO JOIN

We are busy preparing for our Summer Fete, which will take place on **Saturday 18th July at 2.00pm**.

Everyone is welcome to join us for an afternoon of fun, featuring stalls, music, games and activities for all ages. We look forward to seeing you there and sharing a wonderful summer celebration with our residents, families and friends.

JUNE HIGHLIGHTS

Summer Is Here!

As we move through June, there is plenty of excitement building as we support Scotland in the World Cup. We have also launched our World Cup sweepstake, which has already created lots of friendly competition and anticipation!

We are also continuing to work hard in the garden and keep active through our exercise sessions.



We've also been spending time with our much-loved pet friends, testing our knowledge with quizzes and singing our hearts out during karaoke nights.



MAY HIGHLIGHTS

Keeping Fit & Active...

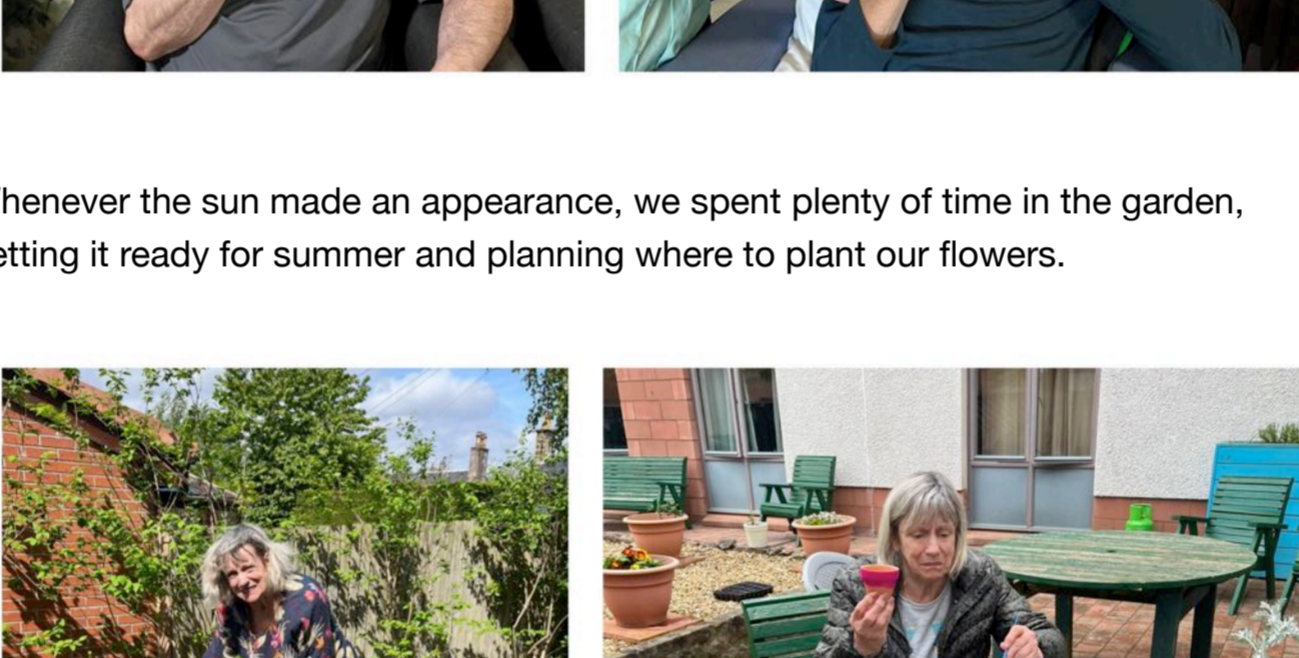
During May, we continued with our Exercise Club, helping everyone stay active, fit and strong. We started practising balloon volleyball in preparation for our tournament in September, and everyone enjoyed developing their teamwork skills.



We also took part in our very first World Culture Day, where we explored France through a variety of interesting items, traditions and delicious food.



Whenever the sun made an appearance, we spent plenty of time in the garden, getting it ready for summer and planning where to plant our flowers.



As always, we enjoyed various activities and visits from our entertainers, with lots of music, singing and dancing bringing smiles and laughter to everyone throughout the month.

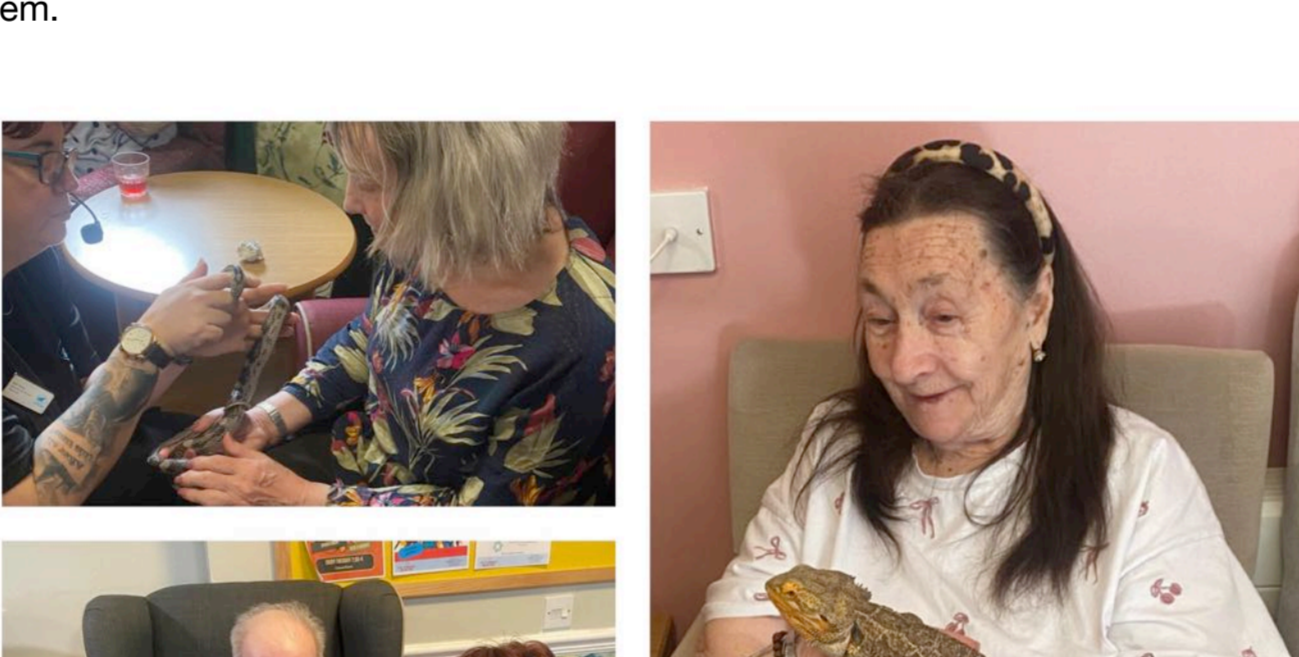


APRIL HIGHLIGHTS

Creepy Creatures...

April was packed with fun and excitement! We enjoyed visits from a variety of entertainers, and one of the highlights of the month was a special visit from Zoolab.

They brought along an amazing selection of animals, including some wonderfully creepy creatures, giving everyone the chance to get up close and learn more about them.



Our Gardening Club kept busy sprucing up the garden and getting everything ready for the warmer months ahead, while our DIY Club worked hard repairing and restoring furniture.



We also celebrated Rabb's birthday in the garden with plenty of singing, laughter and, of course, delicious cake!



Alongside all of this, we got creative with Easter crafts, enjoyed lots of games and activities, and looked forward to our lovely visits from Lilly, our much-loved therapist dog, who always brings plenty of smiles and cuddles.



EXTERNAL LINKS

Social Media

Make sure to check out the Guthrie House Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

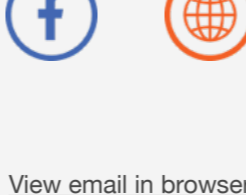
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[Carehome.co.uk](#) & [Google Reviews](#)



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